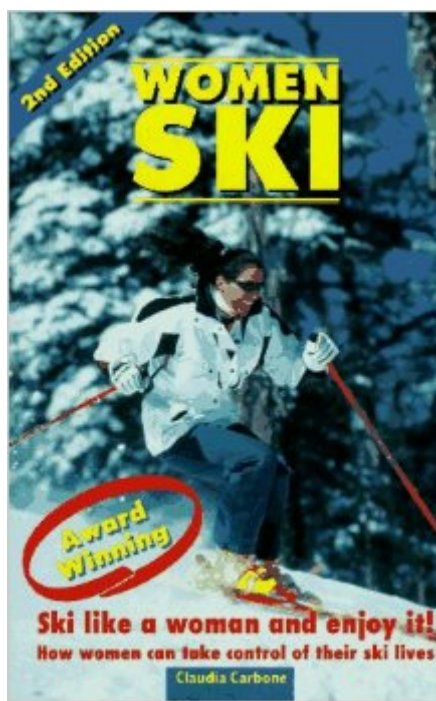


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WOMEN SKI 2ND ED-PB-OP



Synopsis

Women Ski has changed the sport of women's skiing forever. This is a landmark book that should be in every bookstore's ski/sports section. This second edition continues Claudia Carbone's explanations that outline how and why women ski differently than men, offering solutions to help women get more enjoyment from the sport.

Book Information

Paperback: 308 pages

Publisher: World Leisure; 2 Sub edition (November 1996)

Language: English

ISBN-10: 0915009552

ISBN-13: 978-0915009558

Product Dimensions: 8.2 x 5.2 x 0.7 inches

Shipping Weight: 10.9 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #1,463,643 in Books (See Top 100 in Books) #51 inÂ Books > Sports & Outdoors > Outdoor Recreation > Skiing > Downhill #105 inÂ Books > Sports & Outdoors > Nature Travel > Adventure > Skiing #1360 inÂ Books > Sports & Outdoors > Winter Sports

Customer Reviews

I saw myself on every page...Claudia has addressed every problem I've ever had in skiing and gave me answers, confidence, and a whole new attitude about ski buying. I actually improved my skiing, knowing more about my body and how it works. I recommend it for any female skier, beginner or advanced, and men should read it too, to understand how women relate to skiing.

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